

JULY  
12-16



Masala Bhangra  
**Meet & Greet!**  
London

Join us as we Meet, Learn, Explore, Dance & Celebrate!



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**WEDNESDAY 12 JULY 2017**

- 9:00-16:30 The CockPit Studio Level 1** \* Early Bird \$165.00  
 Gateforth Street Instructor training Regular \$195.00  
 London, NW8 8EH Late Reg \$225.00
- 19:30-21:00 Dinner/Drinks Reception** (Open to everyone)  
 \$38.00 per person

**THURSDAY 13 JULY 2017**

- 8:00-8:30 Breakfast** together at the Hotel
- 10:00-18:30 The CockPit Studio Level 2 & 3 Combo** \* Early Bird \$250.00  
 Gateforth Street Instructor training Regular \$300.00  
 London, NW8 8EH Late Reg \$350.00
- 19:30-21:30 Private London Night Bus Tour** (optional)  
 (Open to everyone)  
 Prices range from \$22.00 pp-\$12.00 pp depending on how big our group it  
 Please allow 20 minutes to travel from the Dance Studio to the Pick Up location for the bus tour.

**FRIDAY 14 JULY 2017**

- 8:00-8:30 Breakfast** together at the Hotel
- 10:00-18:30 The CockPit Studio Bar Bhangra** \* Early Bird \$165.00  
 Gateforth Street Instructor training Regular \$195.00  
 London, NW8 8EH Late Reg \$225.00

**SATURDAY 15 JULY 2017 • All Activities on Saturday are at the Holiday Inn Hotel**

- 8:00-8:30 Breakfast** together at the Hotel
- 9:30-10:50 Master Class** (Open to everyone) • \$30.00 lunch for the participants
- 11:00-12:20 Master Class** (Open to everyone) • \$30.00 lunch for the participants
- 12:20-13:55 Lunch Break | Shower | Change** • \$15.00 if you just want lunch without any of the workshops
- 14:00-17:00 Lecture: Further your Understanding of the 32 Count** (Open to everyone) • \$85.00 includes lunch
- 17:00-19:30 Free Time**
- 19:30-23:00 Masala Bhangra Dinner | Dance Party** (Open to everyone)  
 \$55 per person or \$50 pp for groups of 5 or more

**SUNDAY 16 JULY 2017**

- 8:00-8:30 Last Breakfast** together at the Hotel
- 10:00-18:00 LOCATION TBD Transformation** \* Early Bird \$165.00  
 TBD Regular \$195.00  
 Late Reg \$225.00
- 18:15-19:15 Restorative Yoga**
- 20:30 Farewell Dinner** (optional/Impromptu)



\$180.00 for all activities on Saturday

\$172.00 pp for groups of 5 or more

### Bar Bhangra & Transformation

\* Early Bird \$300  
Regular \$350  
Late Reg \$400

### All Instructor Trainings

(Does not include Saturdays Workshops, Dance Party, Dinners or Night Bus Tour.)

\* Early Bird \$690.00  
Regular \$790.00  
Late Reg \$890.00

### All Inclusive Package

This will include everything except the Night Bus Tour.

\* Early Bird \$750.00  
Regular \$838.00  
Late Reg \$940.00

\* **Early Bird Dates** (cut off date 05/10/2017) • **Regular Dates** (05/11/2017 - 06/14/2017) • **Late Reg Dates** (06/15/2017)

Our Ambassador Training programs for Level 1, Level 2 & 3 Combo and Bar Bhangra will take place at *The CockPit Studio* located at Gateforth Street, London, NW8 8EH. Please allow 25-30 minutes travel time from the hotel. To get to the Studio from the Holiday Inn Hotel, take either the District Line or Circle Line Tube from High Street Kensington to Edgware Road Station (a total of 4 stops on the tube). The studio is a 7-9 minute walk from there. The cost round trip on your oyster card is £4.90 (\$6.14). The location for Transformations is TBA.



**Major airport for London: BEST DEALS** Gatwick or Heathrow

**Small airport in London:** Luton, Stansted or London City

**Budget Airlines:** Norwegian Air, Ryanair, EasyJet, Southwest Airlines, JetBlue, Allegiant Air, Frontier Airlines & Spirit Airlines.



AIRPORT



HOTEL



Best recommendation to fly into Heathrow Airport (LHR) as there is direct tube access on the Piccadilly Line that brings you to the hotel. Travel to the hotel from the airport is about 35-40 minutes. Take either the Piccadilly Line to Earls Court and walk 10 minutes to the hotel or take the Piccadilly Line to Earls Court and transfer to the District Line and take that one additional stop to High Street Kensington and the hotel is a 2 minute walk from there.

Please note if you are flying into Gatwick you will either need to take a cab to the hotel or catch a coach bus (£25 each way) that will bring you to Heathrow Airport and from there you can take the tube to the hotel. Details on the national express coach can be found here [www.nationalexpress.com/en/airports/gatwick-airport.aspx](http://www.nationalexpress.com/en/airports/gatwick-airport.aspx)



★★★★ **Holiday Inn** London - Kensington  
Wrights Lane, Kensington,  
London W8 5SP  
Tel (UK): +44 (0) 844 770 2322  
Tel (International): +44 (0) 207 368 4023  
[www.hilondonkensington.com](http://www.hilondonkensington.com)

Standard room rate **£130** (\$162.06) | price includes breakfast  
Executive room rate **£170** (\$211.92) | price includes breakfast

Share a room with someone from Masala Bhangra and split the room fee. Each person would pay: Standard room rate of **£65.00** or Executive room rate **£85.00**. Participants can book their room independently. Use **promo code: Masala Bhangra**.

Deadline to reserve rooms: **13 June 2017**. After that date any unreserved rooms will open up to the general public.



**ECONOMICAL Hotel Oliver** London Earls Court  
198 Cromwell Road, Earls Court,  
London SW5 0SN  
Tel: +44 (020) 7370 6881  
E-mail: [bookings@hoteloliver.co.uk](mailto:bookings@hoteloliver.co.uk)  
[www.hoteloliver.co.uk](http://www.hoteloliver.co.uk)

Single **£75** | includes continental breakfast  
Double **£85** | includes continental breakfast

Deadline to reserve rooms: **13 June 2017**. Reserve under the name **Masala Bhangra**.

Hotel Oliver is an 8 minute walk to the Holiday Inn Hotel, a 6 minute walk to the Earls Court Tube station and a 8 minute walk to the High Street Kensington Tube Station where you have access to the District and Circle Line.



Participants will need to invest in an **Oyster Card** to ride the public transport system in London (tube, train, bus). The charge for the oyster card is **£5** (which is refunded if you return your card when you leave the UK). Any money still remaining on the oyster card when you return it is also refunded to the card owner.



**Breakfast** is served from 7:30-10:00 at the hotel. Guests are welcome to have breakfast at anytime during this time. However, we will have a table set aside for our group to have breakfast together every day before our trainings and workshops from 8:00-8:30.

